

# LAKIREDDY BALI REDDY COLLEGE OF ENGINEERING

(Autonomous)

(Accredited By NAAC with 'A' Grade and NBA

ISO 9001:2015 Certified Institution

Affiliated to JNTUK)



## NSS UNIT

**Name of the Program: International Yoga Diwas**

**Date of the Program: 21-06-2017**

**Activity Report:**

An "International Yoga Diwas" was celebrated by the NSS Unit, in LBRCE on 21<sup>st</sup> June, 2017. This programme was planned in a way to bring in awareness among the students and the faculties of LBRCE. The programme was initiated ceremoniously by lighting the lamp by Dr.K.Appa Rao, the Principal of LBRCE. He also gave an insightful speech on the need of Yoga in day to day living. The Yoga teacher spoke extensively on different Asanas and their importance while demonstrating the. Several competitions were conducted on this topic and prizes were distributed. The volunteers along with Mr.P.Ashok Reddy, Programme Officer, NSS Unit, LBRCE, and a few faculties went on a procession showing placards and voicing slogans along all the roads and lanes in the village. The villagers were also shown different Asanas and trained for that. The NSS unit worked over it for about 700 hours. The response was tremendous and the Sarpanch of the village expressed his contentment towards the programme.

**Snap Shots of the Event**



Inviting guests into the stage



Faculty during yoga sessions



Mr.J.Rama Lingeswar Rao , Yoga Trainer training the students and staff



**(Mr.P. ASHOK REDDY)**  
NSS Program Officer

**(Dr.K.APPA RAO)**  
Principal